



CREATING
UNIQUE
EXPERIENCES

AREQUIPA-COLCA & PUNO (WELLNESS)



4 days - 3 nights

AREQUIPA - COLCA - PUNO

- Country

: Peru
- City

: Arequipa
- Branding

: Peru Wellness
- Type of Service

: Special per City
- Type of Interest

: Thermal & Wellness
- Category

: Superior - Tourist Superior
- Level

: Easy
- Accommodation

: Hotel
- Private Departures

: Daily
- Season

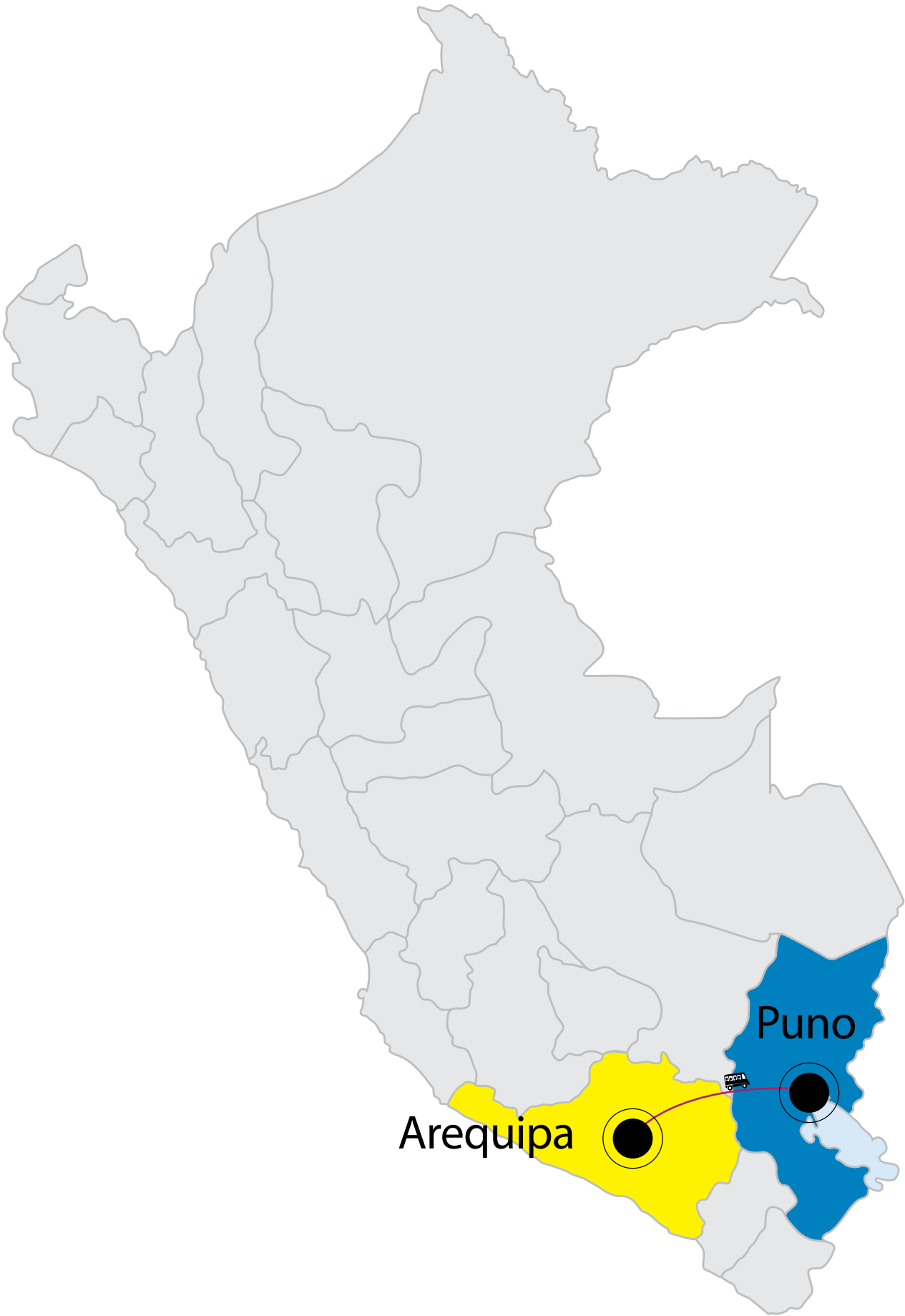
: All Year
- Guide

: Included
- Language

: English

Price per person in American dollars				
	2	4	6	8
Hotel Category	DWB	DWB	DWB	DWB
Superior-Tourist Superior	597	597	597	597

Rates applies from April 1st to November 30th





Day 1: AREQUIPA

Morning visit to the city of Arequipa, which includes the visit of the following attractions: Carmen Alto, located 6 km from the city, between Cayma and Yanahuara, is a humble and quiet town, surrounded by a beautiful scenery. From here you can see the “White City of Arequipa” and the surrounding green countryside; Santa Catalina Monastery, a religious resort located in the historic centre of Arequipa and opened on October 2, 1580 under the patronage of St. Catherine of Siena. It was built to have the daughters of the most distinguished families of the city; the Church of the Compañía de Jesús, one of the many churches in the historic centre of Arequipa. It was built by the Jesuit order for religious purposes

and housing, basically made of ashlar stone; and the Cloisters of the Compañía de Jesús or the Jesuits, located in the Main Square. The Cloisters of the Society of Jesús were finished by 1738, which is shown on the entrance arch. It was the residence and Jesuit School. Then, you will continue by the Cathedral of the city of Arequipa. It is considered as one of the early seventeenth century religious centres in the city. It was built in ashlar (volcanic stone); with vaulted brick is the main church of the city that occupies the entire north side of the Main Square. The Main, located in the historic city centre, is one of the main attractions and the place where Arequipa was founded. The Main Square has a beautiful bronze fountain at the top has the figure of a sixteenth century soldier.

Finally, you will visit the Mirador of Yanahuara, located 2 km from the city. The Mirador of Yanahuara was built in the nineteenth century and consists of a series of arches of ashlar in which are engraved the words of famous arequipeños and where you can see the whole city and the majestic Misti volcano. At the end of your tour, you will be taken to the hotel.

Activity of the Day	: Half Day City tour & Santa Catalina (Regular service - 3 hrs)
Hotel	: Katari
Category	: Superior
Altitude	: 2,335 m.a.s.l. / 7,661 ft
Average Temperature	: 22°C / 72°F

Day 2: AREQUIPA - COLCA

This morning, your journey will begin with

an unforgettable tour to one of the deepest canyons in the World, the Colca. The tour begins at approximately 8:00 a.m. on the winding road that leaves the “White City” of Arequipa crossing the snow-capped Misti Chachani and the Ampato volcanoes along the way. Then you will arrive at the Colca Canyon. There you will find the famous and majestic Andean Condor and elegant Vicuñas wandering freely on the high plains. Later, you will pass through the villages of Torja, Chucura, Patapampa (4800 m.a.s.l. / 15748 miles), with its colonial churches and Inca farming terraces (andenes). Our first thermal experience will be at the thermo-medicinal bath at La Calera. These baths have healing properties for many types of diseases, for its special composition, there have been studies made by foreign entities confirming this.





Many of the tourists visiting this area come with the purpose of enjoying the benefits given by the continued use of these baths. Maximum time to enjoy the baths is 1 hour. Then you will be transferred to the Colca Lodge & Hot Springs for overnight.

Activity of the Day	: Journey to Colca Regular - 5 hours) & Hot Springs La Calera (1 hour)
Meals	: Breakfast
Hotel	: Colca Lodge
Category	: Suite Adobe
Altitude	: 3,400 m.a.s.l. / 11,155 ft
Average Temperature	: 16°C / 61°F

Day 3:: COLCA

Early departure to visit Cruz del Cóndor, where the depths of the canyon can be seen, which is considered to be deeper than

the Colorado Canyon. In addition you can appreciate the majestic flight of the condors in their natural habitat (It is possible to go trekking for an hour from Cruz del Cura to Cruz del Condor). The trip goes on until the town of Cabanaconde; the second most important town in the Valley also known for their production of corn, with extensive agricultural terraces full of crops which are truly amazing. As you return, visit the towns of Macca and Yanque and its churches of colonial times. You will also visit the viewpoints of Wayra Punku and Antahuilque. Then, you will arrive to Chivay.

In the afternoon you will be able to have a relaxing treatment “Relaxing seaweed bath” at Colca Lodge. The hot baths at Colca Lodge are located down by the river among natural surroundings with very little evidence of human intervention. The three pools are

built of stone, exploiting the rock formation of the riverbed, and are fed by a spring which surfaces at a temperature of 80 °C. Each pool has a different temperature, between 36 and 39 °C. A fourth pool containing cold water is an embracing alternative for more daring individuals. Treatment is started while exploiting the benefits of shooting hot spring and is complemented in the Jacuzzi with the properties of seaweed. It culminates with a relaxing massage therapy.

Activity of the Day	: View point “ Cruz del condor” Regular - 4 hours) & Relaxing treatment (2 hours)
Meals	: Breakfast
Hotel	: Colca Lodge
Category	: Suite Adobe
Altitude	: 3,811 m.a.s.l. / 12,504 ft
Average Temperature	: 12°C / 54°F

Day 4: AREQUIPA - PUNO

Departure at 08:00 am to visit the town of Coporaque and return to Chivay and departure to Puno at 10:00. In the route you will appreciate a beautiful highland landscape with animals and plants of the region. In addition you can also see some rocky formations that resemble a stone forest. You will go through the towns of Pillones, Imata, Crucero Alto (highest point at 4538 m.a.s.l.). You continue to the beautiful zone of Lagunillas and its impressive natural lake, the town of Santa Lucía, Cabanillas, Juliaca, until you arrive to the city of Puno. This trip takes 6 hours approximately.

Activity of the Day	: Town Coporaque visit - Journey to Puno (Private 6 hrs)
Meals	: Breakfast - Box Lunch







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